

## 8-5. Uniform Appearance

a. Uniforms must present a neat and clean appearance. Loose strings will be cut from the uniform. No jewelry, chains, combs, pens, pencils or similar items will appear exposed on uniforms. The Army JROTC Cadet uniform will not be mixed with civilian clothing. Bulky items in pockets distract from the uniform. While in uniform, Cadets will not place their hands in their pockets except momentarily to place or retrieve items.

b. Cadets may wear a wristwatch, a wrist identification bracelet, and a total of two rings. Attaching, affixing or displaying objects, articles, jewelry, or ornamentation to, through, or under their skin, tongue, or any other body part is prohibited. Females are authorized to wear earrings with the C/ASU and ACU only. While wearing the C/ASU, earrings may be screw-on, clip-on, or post-type earrings in gold, silver, white pearl, or diamond. The earrings will not exceed 6 mm or ¼ inch in diameter, and they must be unadorned and spherical. When worn, the earrings will fit snugly against the ear. Females may wear earrings only as a matched pair, with only one earring per ear lobe. Gauges are not authorized for wear with any Cadet uniform. Female Cadets may wear stud earrings while in the ACU.

c. Headgear is part of the uniform: Cadets are required to wear the gray berets while outdoors or when carrying air/drill rifles or a saber. The gray berets with a distinctive flash is the only authorized headgear to be worn with the dress uniform.

d. Cadets are approved to wear the following religious headgear with the JROTC uniform: turban, hijab and yarmulke. The headgear cannot bear any writing, symbols or pictures. Cadets may wear approved religious headgear in place of military headgear (e.g., turban and hijab). Standard JROTC headgear will be worn when it can completely cover the religious headgear (e.g., yarmulke). Approved headgear is authorized for wear during all JROTC activities (i.e., drill team, color guard, parades, speaking engagements, etc.) that do not pose a risk to the safety of the Cadet, Cadre or others. For example, a Cadet wearing religious headgear can be exempted from certain "Special Hazard" Training events that may result in injury to the Cadet or support personnel such as obstacle courses/rappelling etc.

e. Religious wear: Exceptions to appearance standards based on religious practices IAW AR 670-1:

(1) The term "religious apparel" is defined as articles of clothing worn as part of the observance of the religious faith practiced by the Cadet. Religious articles include, but are not limited to, medallions, small booklets, pictures, or copies of religious symbols or writing carried by the individual in wallets or pockets. Except as noted below, Cadets may not wear religious items if they do not meet the standards of this regulation. Requests for accommodation will not be entertained.

(2) Cadets may wear religious apparel, articles, or jewelry with the uniform, if they are neat, conservative, and discreet. "Neat conservative, and discreet" is defined as meeting the uniform criteria of this regulation. In other words, when religious jewelry is worn, the uniform must meet the same standards of wear as if the religious jewelry were not worn. For example, a religious item worn on a chain may not be visible when worn with uniforms. The width of chains worn with religious items should be approximately the same size as the width of the ID tag chain.

(3) Ensure Cadets' religious rights are not infringed on for the sake of Cadet uniform standards.

f. To ensure consistency across the JROTC program, exceptions to Cadet uniform policies will be forwarded to Director, Army JROTC and approved by the Commander, USACC on a case-by-case basis. To ensure appropriate compliance with current laws and regulations, the Commander, USACC, will forward recommendations for disapproval to the Army G-1 within 30 days of the initial request for final adjudication.